

Hours

Monday – Friday
8:00am - 8:00pm

Saturday – Sunday
9:00am - 5:00pm

(Accessible at our Toms River CREST location:
409 Main Street, Toms River, NJ 08753)

Phone Referrals

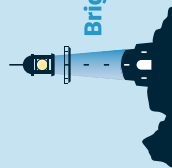
24 /7 weekly

Benefits Specialist Available
Monday – Friday
9:00am – 5:00pm at both Ocean
County locations

WALK-INS Welcome

409 Main Street, Toms River, NJ 08753
732-240-3760

www.brightharbor.org



Bright Harbor Healthcare

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Building better tomorrows, one life at a time

Photos are for illustrative purposes only.



**Bright Harbor
Healthcare**

Crisis Stabilization



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**Building
better tomorrows,
one life at a time**

Bright Harbor Healthcare

**“Our mission is to offer a
comprehensive continuum
of mental health, drug
and alcohol services, and
integrated healthcare services
to promote full participation in
community life.”**

Crisis Stabilization provides rapid assistance to adults experiencing substance use or both mental health and substance use issues through rapid assessments and linkage to treatment.

Crisis Stabilization serves as a rapid entry point where adults can access services to assist in recovery and stabilization from substance use or both substance use and mental health issues. Appointments are not required, and adults are provided with immediate clinical assessments to assist in determining treatment needs and linkage to identified treatment services.

Services offered

- In Office and In-Home/Community Assessments, Support Services and Case Management
- Education and support about the recovery process, addiction, and stress management
- Access to Peer Recovery Support Specialists
- Life Skills and Pre-Vocational education, counseling and linkage.
- Medication Assessment and Consultation
- Drug Testing
- Linkage to Entitlements, Community Based Groups, Therapeutic Services, Inpatient Recovery Services
- Individual and Group Therapy
- Wellness and Recovery Action Planning

Eligibility Criteria

- An adult age 18 or older in need of stabilization for substance use or both substance use and mental health issues
- Ability to be safely treated and served in an outpatient/community setting
- Not currently Enrolled in RIST or PACT Services

