

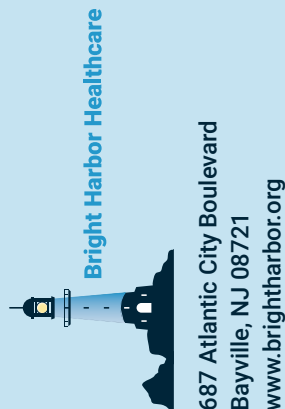
One Life at a Time

There are many things in a person's life that may cause stress or a disruption in routines. Without seeking help the situation may become worse. This can include: interpersonal relationship issues, excessive worry or feeling on edge, a loss of a loved one, divorce or separation, financial difficulties, unemployment, depression, child or adolescent behavioral or discipline issues, recent discharge from an inpatient behavioral health facility, difficulties managing anger, and more.

These issues can be mildly intrusive in your life, overwhelming at times or may even seem beyond your ability to self-manage. Most are progressive, and without help will worsen over time. Bright Harbor Healthcare is here to provide the services you need to address your life situations.

For an appointment or
to make a referral, call
732-575-1111
877-621-0445 TOLL FREE

For more information about
Bright Harbor Healthcare
please visit:
www.brightharbor.org



Building better tomorrows, one life at a time

Photos are for illustrative purposes only.



**Bright Harbor
Healthcare**

PATH

Projects for Assistance in Transition from Homelessness



www.brightharbor.org



Building
better tomorrows,
one life at a time



“Our mission is to offer a comprehensive continuum of mental health, drug and alcohol services, and integrated healthcare services to promote full participation in community life.”

Homelessness in Ocean County

PATH (Projects for Assistance in Transition from Homelessness) was created under the McKinney-Vento Act as a national grant program.

Homelessness is a serious issue in our country, including here in Ocean County. The caring staff at PATH services reach out to people who are homeless and have a mental illness.

PATH assists individuals with severe and persistent mental illness who are at risk of losing housing or are actively homeless. Examples of severe and persistent mental illnesses are major depressive disorder, schizoaffective disorder, schizophrenia, and bi-polar disorder.

Service Provision

Staff works collaboratively with each consumer in three main areas:

Mental Health — PATH helps consumers identify their mental health needs. Consumers and staff work together to develop a plan for continued mental health treatment. When needed, a substance abuse assessment and plan may be part of the mental health service plan. PATH assists consumers in connecting to available services, provides supportive counseling and teaches life skills as needed.

Housing — PATH does not have housing, but we work to link people to resources in the community that may in turn make finding transitional or permanent housing a possibility.

Community Resources - Many agencies in Ocean County provide services that can help consumers achieve stable, permanent housing in our community. PATH staff works closely with consumers, helping them to access these benefits and link to these valuable services.

A Focus On Sustainability

PATH works with consumers to educate them as they are linked to treatments and services. This is important to ensure consumers have learned how to access the resources and programs they may need to prevent future homelessness and continue to improve their quality of life, even when their involvement with PATH services comes to an end.



The easiest way to find the services you need at Bright Harbor Healthcare is to call our Access Center:

732-575-1111

877-621-0445 TOLL FREE

Or Call PATH directly at

732-349-1977 ext. 640

