

One Life at a Time

At Bright Harbor Healthcare many behavioral health treatment options exist. This diversity of treatment choices allows us the opportunity to provide individualized care for each person or family. Finding the right treatment option is the first step on the path to feeling and doing better.

Each of us knows how we want to live our lives. Achieving the dream is more difficult when you have an illness. Bright Harbor Healthcare staff help people to identify their chosen valued role and take steps towards living that life.

Bright Harbor Healthcare accepts some third party insurance companies and Medicaid. We also provide assistance for those with financial difficulties.

**For an appointment or
to make a referral, call**
732-575-1111
877-621-0445 TOLL FREE

**For more information about
Bright Harbor Healthcare
please visit:**
www.brightharbor.org



340 Atlantic City Boulevard
Bayville 08721
www.brightharbor.org

Building better tomorrows, one life at a time

Photos are for illustrative purposes only.



**Bright Harbor
Healthcare**

Recovery Services

**Adult Addiction, Recovery Support
and Co-Occurring Treatment**



www.brightharbor.org





***Building better tomorrows,
one life at a time***



Bright Harbor Healthcare
Building Better Tomorrows, One Life at a Time

Bright Harbor Healthcare's Recovery Services provides programs for adults struggling with addiction, substance abuse issues and co-occurring mental health and substance abuse issues. At Bright Harbor Healthcare's Recovery Services programming, we understand that each individual is unique in their needs, that's why our treatment approach is tailored to meet each individual's needs.

Treatment services are started following a clinical assessment grounded in the standards set forth by the American Society of Addiction Medicine (ASAM).

Programs Offered:

- Intensive Outpatient Services ASAM Level 2.1
- Outpatient Counseling ASAM Level 1
- Ambulatory Withdrawal Management ASAM Level 1/D Level 2/D
- Medication Assisted Treatment
 - *Offered in conjunction with counseling services*
 - *Sublocade, Suboxone and Vivitrol*

Services Offered through Programming:

- Clinical Assessment
- Psychiatric Assessment and Medication Monitoring
- Drug Screening
- Individual Counseling and Case Management
- Peer Recovery Support
- Family Support and Counseling Sessions
- Group therapy grounded in process, psychoeducation and skill building
- Strength based and Motivational Interviewing Approaches

At Recovery Services, we strive to provide holistic treatment and care that addresses your physical, social, emotional, intellectual and spiritual wellbeing. We accept most major insurances, and can discuss alternative funding and payment options. Services are available during both day and evening hours.

For more information or to schedule an appointment please call:

732-575-1111

877-621-0445 (Toll Free)

