

24/7/365 HOTLINES

FOR ALL EMERGENCIES CALL 911

PerformCare

1-877-652-7624

The NJ Children's System of Care serves as the central gateway for accessing services to address behavioral, emotional, intellectual, developmental, and/or substance use challenges for children and adolescents.

Children's Mobile Response

Contact PerformCare at 1-877-652-7624 to request a Mobile Response for immediate crisis assistance.

2nd Floor Youth Helpline

If you are between the ages of 10 and 24 and need to talk about an issue or problem that you are facing call or text anytime 888-222-2228.

Psychiatric Emergency Screening Service (PESS)

732-886-4474

The designated screening center offers emergency mental health assessments and mobile outreach.

NJ Child Abuse Hotline (DCP&P)

1-877-NJABUSE (1-877-652-2873) To report any concerns of abuse or neglect.

SERVICES PROVIDED

FCIU services are provided at no cost to Ocean County residents:

- Initial Crisis Assessment & Recommendations for stabilization
- Short-term counseling (typically 8-12 weeks)
- Service coordination, advocacy, and linkage to additional supports
- S.U.R.E - Substance Use Referral and Education
- Community Education sessions on relevant topics
- Station House Adjustments

FOR MORE
INFO

Bright Harbor Healthcare
Family Crisis Intervention Unit

954 NJ-166

Toms River, NJ 08753

FCIU@brightharbor.org

908-770-2926

FAMILY CRISIS INTERVENTION UNIT

Bright Harbor
Healthcare



WHAT IS JUVENILE FAMILY CRISIS?

"Juvenile Family Crisis" is the legal term used to describe family issues, such as parent-teen disagreements, runaway behavior, truancy, or other situations that put the family at risk.

WHAT IS THE FAMILY CRISIS UNIT?

The Family Crisis Unit (FCIU) offers support to Ocean County youth, ages 10-17, and their families who are experiencing significant challenges.

Our aim is to intervene in family conflicts at an early stage, preventing the need for formal or future legal involvement. Our primary goals are to enhance family well-being and strengthen youth community bonds.



FCIU is NOT is not designed to intervene in circumstances where the primary presenting crisis is risk of suicide or child abuse and neglect. If you or your child is experiencing a psychiatric emergency or are in physical danger, call 911 or go to your nearest emergency room.

The FCIU team evaluates the immediate family needs necessary to restore stability in crisis situations. We provide short-term, supportive family counseling and, depending on the identified concerns, connect youth and families to appropriate community resources for on-going support.

Additionally, our services extend to Station House Adjustments, S.U.R.E., assisting with truancy concerns in partnership with local schools, and providing community education sessions on current issues (ie: sexting, human trafficking, etc).

WHO CAN MAKE REFFERALS?

Parents, guardians, schools, family court, law enforcement, local social service organizations. If you are unsure about making a referral, please reach out by phone or email.

IS THERE A SERVICE FEE?

No, there are no fees associated with any FCIU service provided.



Bright Harbor Healthcare
Family Crisis Intervention Unit

Primary Office Hours:

8:30 am – 5:30 pm

Monday - Friday

24/7 Emergency/After Hours:

908-770-2926

FCIU@brightharbor.org

Call or Email for
More Information